## Advanced Manoeuvres - Schedule F3P-AA-19 (2018-2019)

AA-19.01 Square Loop with $1 / 2$ roll, $1 / 2$ roll From upright, pull through a $1 / 4$ loop into a vertical upline, pull through a $1 / 4$ loop into a horizontal line, perform a $1 / 2$ roll, push through a $1 / 4$ loop into a vertical downline, push through a $1 / 4$ loop, perform a $1 / 2$ roll, exit upright

AA-19.02 Half Reverse Cuban Eight with $1 / 2$ roll
From upright, pull through a $1 / 8$ loop into a $45^{\circ}$ upline, perform a $1 / 2$ roll, pull through a $5 / 8$ loop, exit upright.

## AA-19.03 Horzontal Eye Catcher

From upright, perform two consecutive $3 / 4$ circles, exit upright.

## AA-19.04 Humpty Bump with torque roll

From upright, perform a $1 / 4$ loop into a vertical upline, perform a torque roll, perform a $1 / 2 \mathrm{knife}$-edge loop into a vertical downline, pull through a $1 / 4$ loop, exit upright.

## AA-19.05 Knife-Edge Flight

From upright, perform a $1 / 4$ roll into sustained knife-edge flight, perform a $1 / 4$ roll, exit upright.

## AA-19.06 Half Square Loop with $1 / 2$ roll

From upright, pull through a $1 / 4$ loop into a vertical upline, perform a $1 / 2$ roll, push through a $1 / 4$ loop, exit upright.

## AA-19.07 Eye Catcher

From upright, push through a $3 / 4$ loop, pull through a second $3 / 4$ loop exit upright.

## AA-19.08 Stall Turn

From upright, pull through a $1 / 4$ loop into a vertical upline, perform a stall turn into a vertical downline. pull through a $1 / 4$ loop, exit upright.

AA-19.09 Horizontal Square with $1 / 4$ roll, $1 / 2$ roll, $1 / 4$ roll From upright, perform a $1 / 4$ roll in the centre, perform a $1 / 4 \mathrm{knife}$ edge circle, perform a $1 / 4 \mathrm{knife}$ edge circle, perform a $1 / 2$ roll, perform a $1 / 4$ knife edge circle, perform a $1 / 4 \mathrm{knife}$ edge circle, perform a $1 / 4 \mathrm{roll}$, exit upright.

AA-19.10 Corner Combination with $1 / 4$ roll
From upright perform a $1 / 4$ circle with wing level into a cross box line, pull through a $1 / 4$ loop into a vertical upline, perform a $1 / 4$ roll, push through a $1 / 4$ loop exit upright.

AA-19.11 Triangle Loop with $1 / 2$ roll, $1 / 2$ roll
From upright, perform a $1 / 2$ roll in the centre, pull through a ${ }^{3} / 8$ loop into a $45^{\circ}$ downline, pull through a $1 / 4$ loop into a $45^{\circ}$ upline, pull through a $3 / 8$ loop, perform a $1 / 2$ roll in the centre, exit upright.

